

# SKOOKUMCHUCK BEST VIEWING TIMES

Skookumchuck means “Strong Water.” Tidewater is forced through Skookumchuck Narrows and forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) in height. Current speeds can exceed 25 km/hr (15 mph). If it’s big waves you’re looking for, check out the “Flood Tide.” It can be viewed from the Roland Point viewing area. The whirlpool activity is seen during the “Ebb Tide” and can be viewed from the North Point viewing area. There is approximately a 30 minute window on either side of the “Best Viewing” times, so don’t feel you need to be there right at the exact time – it’s a process. This easy hike is on a 4 km well developed trail with minimal elevation change and will take about one hour to walk (each way). Be prepared for darkness if “Best Viewing” time is near sunrise or sunset.

## JANUARY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 9:22 AM +L	<b>2</b> 9:53 AM +L	<b>3</b> 10:34 AM +M	<b>4</b> 11:31 AM +M	<b>5</b> 12:37 AM +M	<b>6</b> 9:09 AM –S 1:35 PM +M	<b>7</b> 10:01 AM –M 2:31 PM +M
<b>8</b> 10:43 AM –M 3:13 PM +M	<b>9</b> 11:25 AM –M 3:55 PM +M	<b>10</b> 12:07 PM –M 4:38 PM +M	<b>11</b> 12:49 PM –M	<b>12</b> 1:31 PM –L	<b>13</b> 2:12 PM –L	<b>14</b> 7:52 AM +XL 2:53 PM –L
<b>15</b> 8:26 AM +XL 3:36 PM –XL	<b>16</b> 9:06 AM +XL 4:21 PM –XL	<b>17</b> 9:51 AM +L 4:52 PM –XL	<b>18</b> 11:01 AM +L	<b>19</b> 12:05 PM + M	<b>20</b> 8:49 AM –M 1:18 PM +M	<b>21</b> 9:46 AM –M 2:14 PM +M
<b>22</b> 10:39 AM –M 3:04 PM +L	<b>23</b> 11:29 AM –M 3:53 PM +L	<b>24</b> 12:16 PM –L 4:42 PM +L	<b>25</b> 12:57 PM –L	<b>26</b> 1:33 PM –L	<b>27</b> 2:06 PM –L	<b>28</b> 2:38 PM –L
<b>29</b> 7:46 AM +L 3:11 PM –L	<b>30</b> 8:11 AM +L 3:45 PM –L	<b>31</b> 8:43 AM +M 4:23 PM –L				

S = Small M = Medium	L = Large XL = Extra Large	+ = Flood Tide - = Ebb Tide
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(for recreational use only, for accurate navigational times please refer to the official 2011 Current Table)

Compiled by the Sechelt Visitor Centre

[www.secheltvisitorcentre.com](http://www.secheltvisitorcentre.com)

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## FEBRUARY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:30 AM +M 5:11 PM -L	<b>2</b> 10:50 AM +M	<b>3</b> 12:11 PM +M	<b>4</b> 8:41 AM -M 1:27 PM +M
<b>5</b> 9:29 AM -M 2:15 PM +M	<b>6</b> 10:13 AM -M 3:00 PM +L	<b>7</b> 10:54 AM -M 3:45 PM +L	<b>8</b> 11:34 AM -M 4:31 PM +L	<b>9</b> 12:12 PM -L	<b>10</b> 12:48 PM -L	<b>11</b> 1:25 PM -L
<b>12</b> 2:04 PM -XL	<b>13</b> 7:42 AM +XL 2:46 PM -XL	<b>14</b> 8:22 AM +L 3:29 PM -XL	<b>15</b> 9:27 AM +M 4:27 PM -XL	<b>16</b> 10:49 AM +M	<b>17</b> 12:07 PM +M	<b>18</b> 8:37 AM -M 1:11 PM +M
<b>19</b> 9:41 AM -M 2:06 PM +M	<b>20</b> 10:22 AM -M 2:56 PM +L	<b>21</b> 11:02 AM -L 3:54 PM +L	<b>22</b> 11:38 AM -L 4:44 PM +L	<b>23</b> 12:10 PM -L 5:34 PM +L	<b>24</b> 12:41 PM -L	<b>25</b> 1:02 PM -L
<b>26</b> 1:27 PM -L	<b>27</b> 1:53 PM -L	<b>28</b> 7:14 AM +L 2:21 PM -L	<b>29</b> 7:44 AM +M 3:02 PM -L			

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## MARCH 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 8:37 AM +M 4:06 PM -L	<b>2</b> 10:15 AM +S 5:19 PM -L	<b>3</b> 11:57 AM +S
<b>4</b> 8:05 AM -M 1:10 PM +M	<b>5</b> 8:53 AM -M 2:01 PM +M	<b>6</b> 9:36 AM -M 2:48 PM +L	<b>7</b> 10:14 AM -L 3:36 PM +L	<b>8</b> 10:50 AM -L 4:35 PM +XL	<b>9</b> 11:24 AM -L 5:27 PM +XL	<b>10</b> 11:59 AM -XL
<b>11*</b> 1:35 PM -XL	<b>12</b> 7:17 AM +L 2:16 PM -XL	<b>13</b> 8:04 AM +L 3:02 PM -XL	<b>14</b> 9:01 AM +M 4:02 PM -XL	<b>15</b> 10:15 AM +M 5:06 PM -XL	<b>16</b> 11:45 AM +M 6:15 PM -L	<b>17</b> 8:23 AM -M 1:03 PM +M 7:28 PM -L
<b>18</b> 9:24 AM -M 2:07 PM +M	<b>19</b> 10:12 AM -L 3:11 PM +L	<b>20</b> 10:53 AM -L 4:03 PM +L	<b>21</b> 11:28 AM -L 4:52 PM +L	<b>22</b> 11:58 AM -L 5:38 PM +XL	<b>23</b> 12:21 PM -L 6:23 PM +XL	<b>24</b> 12:35 PM -L 7:07 PM +XL
<b>25</b> 12:51 PM -L	<b>26</b> 1:02 PM -L	<b>27</b> 6:55 AM +M 1:09 PM -L	<b>28</b> 7:33 AM +M 1:41 PM -L	<b>29</b> 8:17 AM +M 2:44 PM -L	<b>30</b> 9:15 AM +S 4:16 PM -L	<b>31</b> 10:59 AM +S 5:34 PM -L

\*Daylight Savings begins; times given in Pacific Daylight Time until November 4, 2012.

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## APRIL 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 7:31 AM –M 12:49 PM +S 6:45 PM –L	<b>2</b> 8:25 AM –M 1:54 PM +M 7:51 PM –L	<b>3</b> 9:11 AM –L 2:47 PM +L	<b>4</b> 9:51 AM –L 3:46 PM +L	<b>5</b> 10:27 AM –L 4:39 PM +XL	<b>6</b> 11:01 AM –XL 5:31 PM +XL	<b>7</b> 11:36 AM –XL 6:22 PM +XL
<b>8</b> 12:13 PM –XL 7:15 PM +XL	<b>9</b> 12:44 AM –XL 8:09 PM +XL	<b>10</b> 6:55 AM +L 1:39 PM –XL	<b>11</b> 7:47 AM +M 2:39 PM –XL	<b>12</b> 8:50 AM +M 3:41 PM –XL	<b>13</b> 10:12 AM +S 4:45 PM –L	<b>14</b> 6:52 AM –M 11:47 AM +S 5:50 PM –L
<b>15</b> 7:59 AM –L 1:04 PM +M 6:57 PM –L	<b>16</b> 8:54 AM –L 2:16 PM +M 8:07 PM –M	<b>17</b> 9:40 AM –L 3:12 PM +L	<b>18</b> 10:17 AM –L 4:03 PM +L	<b>19</b> 10:48 AM –L 4:49 PM +XL	<b>20</b> 11:11 AM –L 5:33 PM +XL	<b>21</b> 11:33 AM –L 6:14 PM +XL
<b>22</b> 11:41 AM –L 6:55 PM +XL	<b>23</b> 11:50 AM –L 7:34 PM +XL	<b>24</b> 11:53 AM –XL 8:13 PM +XL	<b>25</b> 12:23 PM –XL	<b>26</b> 7:14 AM +M 1:18 PM –L	<b>27</b> 8:03 AM +S 2:31 PM –L	<b>28</b> 9:06 AM +S 3:46 PM –L
<b>29</b> 10:49 AM +S 4:45 PM –L	<b>30</b> 6:51 AM –L 12:32 PM +S 6:08 PM –L					

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## MAY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 7:41 AM –L 1:38 PM +M 7:19 PM –L	<b>2</b> 8:24 AM –L 2:34 PM +L	<b>3</b> 9:02 AM –L 3:39 PM +L	<b>4</b> 9:40 AM –XL 4:34 PM +XL	<b>5</b> 9:55 AM –XL 5:28 PM +XL
<b>6</b> 10:43 AM –XL 6:21 PM +XL	<b>7</b> 11:36 AM –XL 7:12 PM +XL	<b>8</b> 5:52 AM +L 12:31 PM –XL 8:03 PM +XL	<b>9</b> 6:42 AM +M 1:27 PM –XL	<b>10</b> 7:37 AM +M 2:25 PM –XL	<b>11</b> 8:44 AM +M 3:25 PM –L	<b>12</b> 10:13 AM +S 4:24 PM –L
<b>13</b> 6:25 AM –L 11:48 AM +S 5:24 PM –M	<b>14</b> 7:32 AM –L 1:07 PM +M 6:28 PM –M	<b>15</b> 8:16 AM –L 2:11 PM +M 7:41 PM –M	<b>16</b> 8:59 AM –L 3:08 PM +L	<b>17</b> 9:35 AM –L 4:00 PM +L	<b>18</b> 11:06 –L 4:46 +XL	<b>19</b> 11:31 AM –L 5:29 PM +XL
<b>20</b> 11:06 AM –L 6:10 PM +XL	<b>21</b> 11:19 AM –L 6:47 PM +XL	<b>22</b> 11:42 AM –XL 7:24 PM +XL	<b>23</b> 12:11 AM –XL 7:58 PM +XL	<b>24</b> 6:21 AM +M 12:48 PM –XL 8:33 PM +XL	<b>25</b> 7:06 AM +M 1:33 PM –L	<b>26</b> 7:58 AM +S 2:26 PM –L
<b>27</b> 9:05 AM +S 3:16 PM –L F	<b>28</b> 10:42 AM +S 4:31 PM –L	<b>29</b> 12:13 PM +M 5:43 PM –M	<b>30</b> 6:55 AM –L 1:19 PM +M 7:04 PM –M	<b>31</b> 7:38 AM –XL 2:32 PM +L 8:27 PM –M		

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## JUNE 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> 7:50 AM –XL 3:35 PM +L	<b>2</b> 8:40 AM –XL 4:35 PM +XL
<b>3</b> 9:40 AM –XL 5:31 PM +XL	<b>4</b> 10:40 AM –XL 6:22 PM +XL	<b>5</b> 11:35 AM –XL 7:10 PM +XL	<b>6</b> 12:28 PM –XL 7:56 PM +XL	<b>7</b> 6:33 AM +M 1:20 PM –XL 8:39 PM +XL	<b>8</b> 7:30 AM +M 2:15 PM –XL 9:20 PM +XL	<b>9</b> 8:39 PM +M 3:10 PM –L
<b>10</b> 10:10 AM +M 4:04 PM –L	<b>11</b> 11:32 +M 4:59 PM –M	<b>12</b> 6:44 AM - L 12:48 PM +M 6:03 PM –M	<b>13</b> 7:29 AM –L 1:55 PM +L 7:16 PM –S	<b>14</b> 9:05 AM –L 2:58 PM +L 8:28 PM –S	<b>15</b> 9:53 AM –L 3:52 PM +L	<b>16</b> 10:32 AM –L 4:41 PM +XL
<b>17</b> 11:02 AM –XL 5:24 PM +XL	<b>18</b> 11:02 AM –XL 6:04 PM +XL	<b>19</b> 11:16 AM –XL 6:40 PM +XL	<b>20</b> 11:43 AM –XL 7:13 PM +XL	<b>21</b> 5:32 AM +M 12:15 PM –XL 7:43 PM +XL	<b>22</b> 6:15 AM +M 12:50 PM –XL 8:12 PM +XL	<b>23</b> 7:02 AM +M 1:31 AM –XL 8:41 PM +XL
<b>24</b> 7:57 AM +M 2:18 PM –L 9:12 PM +XL	<b>25</b> 9:05 AM +M 3:14 PM –L	<b>26</b> 10:30 AM +M 4:20 PM –M	<b>27</b> 11:49 AM +M 5:37 PM –M	<b>28</b> 6:13 AM –XL 1:13 PM +L 7:01 PM +M	<b>29</b> 6:34 AM –XL 2:29 PM +L 8:20 PM –S	<b>30</b> 7:30 AM –XL 3:38 PM +L

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## JULY 2012

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<b>1</b> 8:39 AM –XL 4:39 PM +XL	<b>2</b> 9:49 AM –XL 5:26 PM +XL	<b>3</b> 10:48 AM –XL 6:27 PM +XL	<b>4</b> 11:39 AM –XL 7:02 PM +XL	<b>5</b> 12:27 PM –XL 7:39 PM +XL	<b>6</b> 6:25 AM +M 1:15 PM –XL 8:13 PM +XL	<b>7</b> 7:33 AM +M 2:04 PM –L 8:45 PM +XL
<b>8</b> 8:42 AM +M 2:53 PM –L 9:15 PM +XL	<b>9</b> 9:50 AM +M 3:33 PM –M	<b>10</b> 10:59 AM +M 4:36 PM –M	<b>11</b> 5:47 AM –L 12:16 PM +M 5:38 PM –S	<b>12</b> 6:35 AM –L 1:29 PM +L 6:47 PM –S	<b>13</b> 7:51 AM –L 2:36 PM +L 7:57 PM –S	<b>14</b> 9:01 AM –L 3:34 PM +L
<b>15</b> 9:47 AM –L 4:24 PM +XL	<b>16</b> 10:21 AM –XL 5:06 PM +XL	<b>17</b> 10:42 AM –XL 5:52 PM +XL	<b>18</b> 11:06 AM –XL 6:21 PM +XL	<b>19</b> 11:35 AM –XL 6:51 PM +XL	<b>20</b> 12:08 PM –XL 7:16 PM +XL	<b>21</b> 6:09 AM +M 12:45 PM –XL 7:39PM +XL
<b>22</b> 6:59 AM +M 1:27 PM –L 8:03 PM +XL	<b>23</b> 8:06 AM +M 2:18 PM –L 8:31 PM +XL	<b>24</b> 9:12 AM +M 3:09 PM –L 9:03 PM +XL	<b>25</b> 10:24 AM +M 4:14 PM –M	<b>26</b> 11:41 AM +L 5:38 PM –M	<b>27</b> 1:05 PM +L 6:54 PM –S	<b>28</b> 6:20 AM –XL 2:25 PM +L 8:08 PM –S
<b>29</b> 7:31 AM –XL 3:35 PM +XL	<b>30</b> 8:52 AM –XL 4:32 PM +XL	<b>31</b> 10:08 AM –XL 5:21 PM +XL				

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## AUGUST 2012

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			<b>1</b> 11:10 AM –XL 6:03 PM +XL	<b>2</b> 11:38 AM –XL 6:39 PM +XL	<b>3</b> 12:22 PM –XL 7:09 PM +XL	<b>4</b> 6:29 AM +L 1:09 PM –XL 7:43 PM +XL
<b>5</b> 7:27 AM +L 1:41 PM –L 7:53 PM +XL	<b>6</b> 8:17 AM +L 2:24 PM –L 8:21 PM +L	<b>7</b> 9:19 AM +L 3:12 PM –M	<b>8</b> 10:28 AM +L 4:13 PM –M	<b>9</b> 11:37 AM +L 5:11 PM –S	<b>10</b> 12:48 PM +L 6:15 PM –S	<b>11</b> 6:20 AM –L 1:57 PM +L 7:21 PM –S
<b>12</b> 7:24 AM –L 2:52 PM +L	<b>13</b> 8:30 AM –L 3:53 PM +L	<b>14</b> 9:22 AM –L 4:43 PM +XL	<b>15</b> 10:04 AM –XL 5:13 PM +XL	<b>16</b> 10:42 AM –XL 5:44 PM +XL	<b>17</b> 11:20 AM –XL 6:15 PM +XL	<b>18</b> 12:00 PM –XL 6:31 PM +XL
<b>19</b> 6:16 AM +L 12:45 PM –XL 6:53 PM +XL	<b>20</b> 7:09 AM +L 1:35 PM –L 7:17 PM +XL	<b>21</b> 8:05 AM +L 2:16 PM –L 7:46 PM +XL	<b>22</b> 9:05 AM +L 3:14 PM –M	<b>23</b> 10:13 AM +L 4:24 PM –M	<b>24</b> 11:30 AM +L 5:30 PM –M	<b>25</b> 12:51 PM +L 6:42 PM –S

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<b>26</b> 6:14 AM -XL 2:14 PM +L	<b>27</b> 7:32 AM -XL 3:12 PM +XL	<b>28</b> 8:58 AM -XL 4:07 PM +XL	<b>29</b> 9:43 AM -XL 4:52 PM +XL	<b>30</b> 10:36 AM -XL 5:29 PM +XL	<b>31</b> 11:22 AM -XL 6:07 PM +XL	
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## SEPTEMBER 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> 12:04 PM -L 6:25 PM +XL
<b>2</b> 12:44 PM -L 6:34 PM +L	<b>3</b> 7:15 AM +L 1:24 PM -L 7:01 PM +L	<b>4</b> 8:05 AM +L 2:16 PM -M 7:21 PM +L	<b>5</b> 8:57 AM +L 3:01 PM -M	<b>6</b> 9:52 AM +L 3:49 PM -M	<b>7</b> 10:52 AM +L 4:43 PM -M	<b>8</b> 11:55 AM +L 5:42 PM -S
<b>9</b> 12:59 PM +L 6:43 PM -S	<b>10</b> 2:01 PM +L	<b>11</b> 7:29 AM -L 2:55 PM +L	<b>12</b> 8:30 AM -L 3:40 PM +L	<b>13</b> 9:25 AM -L 4:17 PM +XL	<b>14</b> 10:16 AM -XL 4:52 PM +L	<b>15</b> 11:07 AM -XL 5:12 PM +L
<b>16</b> 11:58 AM -L 5:36 PM +L	<b>17</b> 12:37 PM -L 6:01 PM +L	<b>18</b> 7:06 AM +XL 1:26 PM -L 6:31 PM +L	<b>19</b> 8:00 AM +XL 2:26 PM -M 6:59 PM +L	<b>20</b> 8:59 AM +XL 3:18 PM -M	<b>21</b> 10:04 AM +XL 4:14 PM -M	<b>22</b> 11:13 AM +XL 5:18 PM -M

S = Small M = Medium	L = Large XL = Extra Large	+ = Flood Tide - = Ebb Tide
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Compiled by the Sechelt Visitor Centre

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<b>23</b> 12:29 PM +XL 6:41 PM -M	<b>24</b> 1:32 PM +XL	<b>25</b> 7:20 AM -L 2:32 PM +XL	<b>26</b> 8:24 AM -L 3:23 PM +XL	<b>27</b> 9:26 AM -L 4:14 PM +XL	<b>28</b> 10:20 AM -L 4:44 PM +L	<b>29</b> 11:08 AM -L 5:06 PM +L
<b>30</b> 11:51 AM -L 5:23 PM +L						

## OCTOBER 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 12:39 PM -L 5:38 PM +L	<b>2</b> 1:17 PM -M 5:57 PM +M	<b>3</b> 7:48 AM +XL 1:57 PM -M 6:22 PM +M	<b>4</b> 8:33 AM +XL 2:39 PM -M	<b>5</b> 9:19 AM +XL 3:25 PM -M	<b>6</b> 10:08 AM +XL 4:15 PM -M
<b>7</b> 11:00 AM +L 5:09 PM -M	<b>8</b> 11:48 AM +L 6:20 PM -M	<b>9</b> 12:49 PM +L	<b>10</b> 1:42 PM +L	<b>11</b> 7:45 AM -L 2:28 PM +L	<b>12</b> 8:52 AM -L 3:13 PM +L	<b>13</b> 9:57 AM -L 3:36 PM +L
<b>14</b> 10:56 AM -L 4:12 PM +L	<b>15</b> 11:50 AM -L 4:35 PM +L	<b>16</b> 12:39 PM -L 5:12 PM +L	<b>17</b> 1:26 PM -M 5:53 PM +L	<b>18</b> 7:57 AM +XL 2:14 PM -M	<b>19</b> 8:52 AM +XL 3:05 PM -M	<b>20</b> 9:49 AM +XL 4:02 PM -M

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<b>21</b> 10:48 AM +XL 5:17 PM -M	<b>22</b> 11:47 AM +XL	<b>23</b> 12:44 PM +XL	<b>24</b> 1:38 PM +XL	<b>25</b> 8:01 AM -M 2:26 PM +L	<b>26</b> 9:08 AM -M 3:13 PM +L	<b>27</b> 10:08 AM -M 3:44 PM +L
<b>28</b> 11:04 AM -M 4:10 PM +L	<b>29</b> 11:44 AM -M 4:33 PM +M	<b>30</b> 12:21 PM -M 4:57 PM +M	<b>31</b> 12:58 PM -M 5:23 PM +M			

## NOVEMBER 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 1:36 PM -M	<b>2</b> 8:13 AM +XL 2:16 PM -M	<b>3</b> 8:51 AM +XL 2:59 PM -M
<b>4*</b> 8:30 AM +XL 2:55 PM -M	<b>5</b> 9:10 AM +XL 3:49 PM -M	<b>6</b> 9:53 AM +XL	<b>7</b> 10:39 AM +XL	<b>8</b> 11:27 AM +L	<b>9</b> 12:13 PM +L	<b>10</b> 7:29 AM -M 12:51 PM +L
<b>11</b> 8:42 AM -M 1:36 PM +L	<b>12</b> 9:42 AM -M 2:20 PM +L	<b>13</b> 10:35 AM -M 3:04 PM +L	<b>14</b> 11:23 AM -M 3:49 PM +L	<b>15</b> 12:10 PM -M 4:35 PM +L	<b>16</b> 12:59 PM -M	<b>17</b> 7:40 AM +XL 1:51 PM -M

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<b>18</b> 8:27 AM +XL 2:58 PM -L	<b>19</b> 9:15 AM +XL 4:01 PM -L	<b>20</b> 10:02 AM +XL	<b>21</b> 10:49 AM +XL	<b>22</b> 11:35 AM +L	<b>23</b> 12:20 PM +L	<b>24</b> 1:01 PM +L
<b>25</b> 8:54 AM -S 1:40 PM +M	<b>26</b> 9:42 AM -M 2:16 PM +M	<b>27</b> 10:22 AM -M 2:57 PM +M	<b>28</b> 10:59 AM -M 3:28 PM +M	<b>29</b> 11:35 AM -M 4:01 PM +M	<b>30</b> 12:21 PM -M 4:35 PM +M	

\*Daylight Savings time ends; times given in Pacific Standard Time to Dec. 31.

## DECEMBER 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> 1:01 PM -M
<b>2</b> 1:44 PM -M	<b>3</b> 7:55 AM +XL 2:29 PM -M	<b>4</b> 8:27 AM +XL 3:17 PM -M	<b>5</b> 9:02 AM +XL 4:06 PM -L	<b>6</b> 9:40 AM +XL	<b>7</b> 10:23 AM +XL	<b>8</b> 11:10 AM +L
<b>9</b> 11:56 AM +L	<b>10</b> 8:25 AM -M 12:56 PM +L	<b>11</b> 9:24 AM -M 1:52 PM +L	<b>12</b> 10:16 AM -M 2:43 PM +L	<b>13</b> 11:04 AM -M 3:33 PM +L	<b>14</b> 11:52 AM -M	<b>15</b> 12:43 PM -M

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<b>16</b> 1:37 PM -L	<b>17</b> 8:04 AM +XL 2:34 PM -L	<b>18</b> 8:35 AM +XL 3:31 PM -L	<b>19</b> 9:12 AM +XL	<b>20</b> 9:50 AM +XL	<b>21</b> 10:29 AM +L	<b>22</b> 11:12 AM +L
<b>23</b> 12:00 PM +M	<b>24</b> 8:23 AM -S 12:52 PM +M	<b>25</b> 9:13 AM -S 1:41 PM +M	<b>26</b> 10:04 AM -M 2:31 PM +M	<b>27</b> 10:43 AM -M 3:08 PM +M	<b>28</b> 11:20 AM -M 3:45 PM +M	<b>29</b> 11:58 AM -M
<b>30</b> 12:36 PM -M	<b>31</b> 1:16 PM -M					

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